



RAMAIAH

**ADVANCED
LEARNING CENTER**

**Agenda for the knee arthroscopy workshop
Basic and ACL
Department of Orthopaedics
Ramaiah Medical College & Hospitals**

Day 1, Sep 8th 2018

Lunch : 1 to 2 pm

14:00 to 14.10 am –introduction about center

14.15 to 14.45 – Examining a Painful knee

Basic Knee Arthroscopy

14.45 to 15.15 –Positioning of patient and Anesthesia

15: 15 - 15:45- Instruments in Arthroscopy

15:45-16 00- Tea Break

16:00- 16:30 – Portals and how to do a Diagnostic Arthroscopy

16 :30- 17 :00- Meniscal injuries, loose bodies, Synovectomy in knee jt

17 :00- 17:30- Cadaver demonstration of Diagnostic Arthroscopy and Meniscectomy

ACL Reconstruction

2:45 –3:15 PM Graft Choices and Availability and steps in harvesting a Hamstring graft

15: 15 - 16:00- Surgical Technique of Hamstring ACL reconstruction

16:00-16 15- Tea Break

16:15- 17:15- **Cadaver demo of : 1. Graft Harvest, 2. ACL reconstruction**

17:15-17 30- Infection post ACL reconstruction

Day 2, Sep 9th Sunday
9 am to 11 am & 12 noon to 2pm

Hands on workshop – Guided by all eminent faculty

Hands on cadaver arthroscopy - Basic

Setup and marking
Portals
How to enter joint
Triangulation
Diagnostic knee round
Probing of structures
Loose body removal
Meniscectomy
Synovectomy

Hands on cadaver arthroscopy – ACL

Hamstring graft harvest
Graft preparation
Femoral and tibial tunnels
Graft passage
Graft fixation
Patellar graft harvest

2:00 – 2:30 - Lunch

2.30 - 3.30 PM

Case discussions

Evaluation of individual delegates

Course Director : Dr Satish Shervegar

Course Coordinator : Dr Rahul P

Faculty

Dr Billy Paul Wilson - Chennai
Dr Namdev Gorgile - Miraj
Dr B S Jayaram- Bangalore
Dr Prashant Tejawani- Bangalore
Dr Santosh Hakkalmani- Bangalore
Dr Ayyappan Nair- Bangalore.

Course fee:

Basic - ₹17,700/-

ACL - ₹23,600/-

For registrations Call :

Secretary to the Chief, RALC

info@msralc.org

080 – 40502819

www.msralc.org

Account details:

Account Name: MSRUAS - **M S Ramaiah Advanced Learning Center**

Bank : **Axis Bank Ltd**

Account No : **9140 1003 3412 174**

IFSC Code: **UTIB 0000559**

Rajajinagar Branch, Bangalore-560010

-  **NEFT/IMPS - Mention the reference number & date to facilitate quick identification**
-  **DD/Cheque - To reach the center in 3 - 4 working days and technically in order**